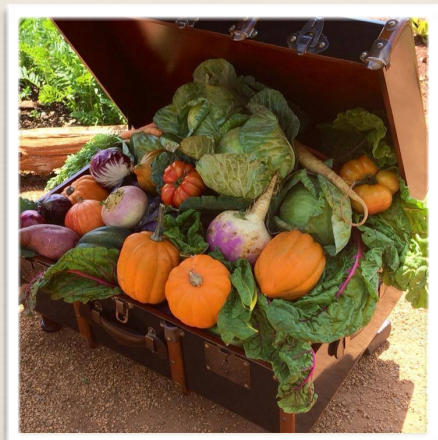


Thank you for considering *America's First Daughter* for your book club. Together with the reading guide at the back of the book, this brochure will help you plan a memorable gathering filled with food, fun, and fascinating discussion.



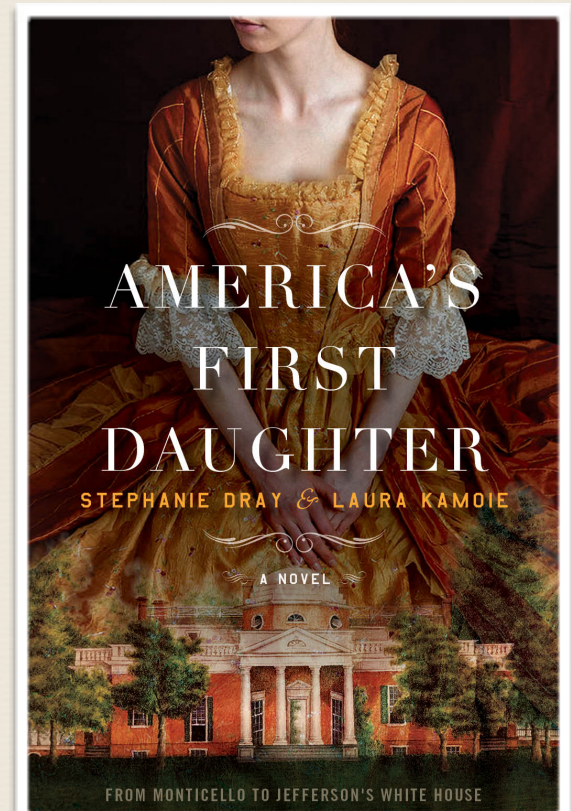
NOTE FROM THE AUTHORS

We often say that Patsy Jefferson came of age with a nation. She lived a life of both enormous privilege and painful poverty. Of sacrifice and triumph and loss in a violent world. As you discuss our book, Jefferson's legacy, and its moral failings, we hope this guide will help transport you and your friends to another age when the American Experiment was just that, and the Republic was still fragile and exploring its place in the world.

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BOOK CLUBBING JEFFERSONIAN STYLE



Your planning guide to a Jeffersonian-themed event, discussing *America's First Daughter*.



A TASTE OF MONTICELLO

Since Jefferson is sometimes described as our only epicurean president, set the mood with food and drink. Contemporaries said dining with Jefferson was “half-Virginian half-French style.” Guests were seated “pell-mell” without regard to their rank—a practice that caused at least one international incident.



JEFFERSONIAN AMBIANCE

Music was of vital importance to Jefferson who called it “the favorite passion of my soul.” His daughter Patsy was an accomplished player of the harpsichord and accompanied her father, who played the violin. They admired Haydn, Corelli, and Vivaldi, amongst others, so you may wish to tune into these classical artists to set the mood.

The sights, scents and sounds of Patsy Jefferson’s world were both elegant and rustic. Flowers were popular adornments, then as now and amongst Jefferson’s favorites were lilacs and tulips. And the dining rooms were lit by candelabras. So light some candles for a warm glow & make floral centerpieces if you like but remember too that the Jefferson’s dined informally, where guests served themselves at trestle tables for easier conversation!

BEVERAGES

While Patsy Jefferson believed that milk and coffee weren’t agreeable to her digestion, and her father never succeeded at turning his vineyards into a wine-making venture, a great deal of wine, coffee, tea, cider and hot chocolate was available at Monticello. And that’s to say nothing of the beer bottled by Patsy’s mother.



Tea was served at Monticello every evening, after dinner.



Jefferson loved fine wines of the world.

SAVORY FOODS

Among the dishes popularized in America by Thomas Jefferson are French Fries and the ubiquitous Mac n’ Cheese. Ham was often served to guests, and parmesan was a particular favorite. But for a truly simple finger-food your guests can nibble on while you chat, try deviled eggs topped with capers and anchovies.



Serve a shaved ham and parmesan platter.



The Jeffersons were delighted by “macaroni.”

DESSERT

Not only did Jefferson popularize ice cream in America—he served it at the White House. The recipe is thought to have been obtained from Adrien Petit, the butler he hired in France. And he recorded the recipe in his own hand. If you want to get fancy, however, he was also a fan of almond cream, pies, and fruits.



Everybody loves ice cream!



Grapes and orchard fruits were grown at Monticello.